

# Pre-Comp Cookie Comp!

Setkirk  
Selects  
GYMNASTICS

## IT'S COOKIE COMP TIME AGAIN!

Our gymnasts have been working hard on their new skills, strength and flexibility all winter and our coaches have seen so much improvement. We hope you are as excited as us to see those giant smiles with an equally giant cookie medal! The purpose of our pre-competitive program is to develop the gymnastics skills that will be needed to compete in the future and prepare them mentally to be on a competition floor...what better way to do this then with a fun, in-house event with their teammates! We look forward to seeing you all there.

## WHAT TO EXPECT

Each gymnast will be recognized and called up to the podium for a special cookie award after their skills competition. We will also be recognizing the top three athletes in each category.

## WHAT TO WEAR

Please wear your pre-competitive bodysuit or singlet and shorts if you have. If not, please dress your athlete in a bodysuit or shorts/T-shirt.

### THE SCHEDULE

**Wednesday, April 16<sup>th</sup>**

#### ***Minis 4:30-6:30pm***

4:30 - Gymnasts arrive & warm-up  
4:50 - Parents/Spectators take seats  
5:00 - Skills Competition  
6:15 - Awards

#### ***Mighties 7:00-9:00pm***

7:00 - Gymnasts arrive & warm-up  
7:20 - Parents/Spectators take seats  
7:30 - Skills Competition  
8:45 - Awards & 50/50 Draw

**ADMISSION:**  
\$5 per adult - MAX TWO  
ADULTS PER GYMNAST.  
(No fee for gymnasts)  
**50/50 TICKETS  
AVAILABLE.**

*All funds raised from this event goes directly back into running these event for our pre-competitive athletes.*